

## Fitness Flat Bench Weight Press Gym Home Strength Training Exercise

Out of Stock: \$379.95

Want to get your upper body in shape for the beach this summer? With this flat bench press by Randy & Travis Machinery, you can build up your pecs, triceps, and deltoid muscles so you can be the one everyone can't help looking at as you relax on the beach, looking tan and oh-so-fit. It's not just for building beach bodies, though. This professional-quality flat bench can accommodate serious upper body workouts as you cross-train for competitions at the highest levels. And, when you have one of these flat benches in your home, you can work out in complete privacy, without all the outrageous gym fees.

It doesn't only give your upper body a fabulous workout. It's built to last for years, making it a great investment in your fitness. Made from heavy-duty tubular steel with an ultra-thick padded top, it will hold up even under heavy use. With a weight capacity up to 300 kilogrammes, it can accommodate everyone in your family. Wide, capped feet protect it from slipping or leaving marks on your floors. Don't wait until your first invite to a picnic at the beach. Start building your beach body now. Order your flat bench today!

### Features and specifications:

- Material: Tubular steel, foam padding, PU leather cover, and rubber
- Colour: Black and red
- Weight capacity: 300kg
- Dimensions: 116 x 65 x 41cm (L x W x H)
- Accessories: User manual
- Sturdy and durable
- Oil- and sweat-resistant high-density padding
- Wide, capped feet prevent slippage

