

40kg Adjustable Rubber Dumbbell Set Barbell Home GYM Exercise Weights

RRP: \$229.95

When you're serious about weight training, this deluxe 40-kilogramme barbell and dumbbell set from Randy & Travis Machinery is a must-have. Whether your training goals are to cross-train to build strength and power for another sport, compete in weightlifting, or simply get ready to turn heads at the beach, this complete set can help you get there. With 16 weights in four graduated sizes – 3 kilogrammes, 2.5 kilogrammes, and 1.25 kilogrammes – this set can take you from beginner to serious lifter as you add on new challenges every day.

Durable, sturdy, and ergonomically designed for your hands, the bars allow you to grasp the bar without any strain. A slip-resistant coating on the bar helps you maintain your grip throughout your workout. Made with heavy-duty spring steel, they'll never bend, even when you're at the top of your game. Chrome plating makes the bars resistant to corrosion, a definite plus in the sweaty environment of your home gym. Adjustable settings allow you to share this set with other family members or tailor it to your individual workout. No worries about the floors getting scratched or dented. A thick rubber coat on the plates offers excellent protection. Don't wait until summer's just around the corner. Get in shape now. Get your weight training set today!

Features and specifications:

- Material: Chrome-plated spring steel bars and rubber coating
- Colour: Red and black
- Length (barbell): 40cm
- Rubber thickness: 6mm
- Eight 3-kg plates
- Four 2.5-kg plates
- Four 1.25-kg plates
- Accessories: 4 end nuts
- Sturdy and durable
- Adjustable settings
- Adaptable to a wide range of exercise routines and training regimens
- Ideal for athletes ranging from competitive to weekend warriors
- Contoured, ergonomically designed grip conforms to your hands

Attributes:

- Pack Quantity: 40kg

