

Resistant Workout Loop Set

RRP: \$169.95

Discover the one sports accessories that can improve your speed and ability and increase your total body strength all at the same time.

Any workout routine will benefit with the addition of this total body sports accessory. The power loop band fitness set will put you on the way to total body fitness. Ideal for the individual or for the fitness trainer, these strengthening bands will enhance any exercise regimen. Add intensity and variety to your workout. The bands are guaranteed to focus on a wide-range of muscle groups.

These top quality power bands are durable and will stand up to the most rigorous of workout routines. Their commercial grade construction from layered latex and a unique slow-cure laminating process provide ultimate strength and long-lasting reliability. There are no fillers in the 100 percent pure latex rubber.

The bands were designed by trainers who demanded the best in resistance training while still allowing for a generous range of motion. The bands are perfect for a variety of exercise routines including squats, lifts, rows, presses and many others. The bands are convenient and easily transported - use them at home or in the gym.

Specifications:

- **Red Extra Small**

- o 41 inch x 12.5mm
- o Resistance: 10 to 50 lbs

- **Green Small**

- o 41 inch x 25mm
- o Resistance: 25 to 80 lbs

- **Black Medium**

- o 41 inch x 32mm
- o Resistance: 60 to 150 lbs

- **Purple Large**

- o 41 inch x 45mm
- o Resistance: 50 to 120 lbs

