

Barbell Squat Pad Weights Equipment

RRP: \$29.95

The solid construction and effective design makes this new Barbell Squat Pad suitable for everyday gym use and can fit any standard or Olympic straight barbell. The Barbell Squat Pad can take a pounding due to its heavy duty construction. The design also helps you maintain optimum form and keeps your neck free from undue stress and strain. Our Barbell Squat Pad's "Class A" rating and are unmatched in its field and is the ultimate in reliability and durability.

Our new squat pad provides you with the ability to have effective workouts while at the same time maximize the effectiveness of your fitness regimen. The Barbell Squat Pad is versatile - you can take it to the gym or use it at home. Wherever you decide to use the squat pad, it will bring your fitness training to a whole new level. Our Barbell Squat Pad provides a comfort and supports you in performing a wide range of exercises that will help you build the rock solid body you want!

Specifications:

- Built to last - high quality heavy-gauge steel design supports even the most rugged workout
- "Class A" Rating
- One size fits standard and Olympic straight barbells
- Velcro strap a plus
- Strong design that will not loosen during workouts
- Easy workout - comfortable polyester design
- One-Piece design

NOTE: The Barbell Squat Pad is made for standard and Olympic barbells that are 28mm to 32mm in diameter.

Exercises:

- Lunges
- Squats
- Split squats
- Box squats
- Front squats
- High box squats
- One leg squats
- Step ups with barbell

Price is for a Single Squat Pad. Barbell, Weights, squat stand/machine NOT included.

