

## Speed Bag Punching Boxing Bag Wall Mount Reflex Training

RRP: \$129.95

This premium speedball is expertly crafted from top-quality metal and features elastic and durable PU leather, which is not only waterproof and rust-resistant, but also incredibly long-lasting. It effortlessly withstands thousands of impacts without losing its shape or integrity, remaining as sturdy as a brand-new sandbag throughout its lifespan. The unique wall-mounted design of this speedball optimizes space utilization in your home, requiring only a small section of the wall for installation. Its adjustable height feature provides flexibility and allows for personalized placement, catering to your preferences.

Utilizing this speedball provides an instant outlet for releasing the day's accumulated stress, and promoting rapid relaxation, in addition to being a fitness tool. Whenever you experience feelings of despondency or anger, it offers a constructive means to alleviate dissatisfaction, contributing to a more harmonious life. With its comprehensive accessories, installing this wall-mounted boxing ball is exceptionally convenient. Once securely mounted on the wall, you're empowered to strike with force whenever you desire.

For every individual, this is an essential choice, an opportunity to collectively sculpt the ideal physique. Let's embark on this journey together, shaping the perfect path towards our health goals.

### Specifications:

- Material: steel, PU Leather, PVC
- Wall bracket length (from wall): 46-55cm
- Speedbal size: up to 18 x 24cm

