

Speed Bag Boxing Punching Bag Wall Mount Reflex Training

RRP: \$104.95

Our wall mounted speed bag is meticulously crafted from high-quality metal, combined with elastic and durable PU leather that is both waterproof and rust-resistant. This ensures exceptional durability and an extended lifespan.

The reinforced spring and securely anchored screw-fixed base guarantee resilience against repeated impacts, maintaining its shape even after extensive use. Its highly resilient spring material swiftly restores the bag to its original position after each strike, while the four-screw base firmly secures it to the wall or floor, preventing any accidental falls and ensuring a safer experience.

Designed to accommodate users of all ages, including children, this wall-mounted boxing ball boasts enhanced springs for superior durability.

Maximizing space efficiency within your home, this wall-mounted punching bag requires minimal installation area on your wall. It offers a distinct advantage over other reaction balls by not consuming valuable floor space. Remarkably, the wall-mounted boxing ball features customizable height adjustment and versatile installation options, allowing you to personalize its placement to suit your preferences. Simple-to-follow installation instructions facilitate swift assembly, enabling you to embark on your boxing training journey at home or within your office, emulating the regimen of a professional boxer. Once mounted on the wall, you can unleash your strikes whenever needed, confidently training to your heart's content.

Engaging in punching ball training offers an immediate outlet for the stress accumulated throughout your workday, promoting rapid relaxation.

Whether dealing with frustration or anger, this punching bag serves as a healthy channel to vent dissatisfaction, contributing to a smoother and more composed life. Empowering you to approach each day with a positive outlook, it instills the best possible attitude towards life's challenges.

Specifications:

- Speedball made from PU Leather
- Wall bracket length (from wall): 43cm
- Speedbal size: up to 15 x 20cm
- Wall bracket attachment: 15 x 15cm

