

Boxing Speed Bag PU Leather MMA Punching Focus Bag Muay Thai Training Speed

RRP: \$109.95

If boxing, MMA, or martial arts is your passion, you'll love this speed punching bag by Randy & Travis Machinery. Build your stamina and speed with this professional-grade spinning bag with a full 360 degree-rotation. Crafted from PU leather and lined with four layers of poly-cotton material, this speed bag is built to take whatever you dish out. Its hanging strap is double-lined to discourage splitting, extending its useful life even further. It's light in weight, giving you zippy rebounds, upping your game to a whole new level. Shaped individually and balanced for accuracy, each of these bags is of the utmost in quality.

Boxing and other martial arts aren't just for those who compete in the sport. They're great for cross-training for other sports or just to keep in shape. Working out with a speed bag increases your balance and stamina, as well as build quickness on your feet and upper body control, qualities needed in soccer, skating, football, basketball, tennis, and other popular sports.

Features and specifications:

- Material: PU leather, poly-cotton lining, and metal swivel and ball bearing
- Colour: Black
- Dimensions: 25cm x 18cm
- Lightweight yet tough and durable
- Double-lined hanging strap resists splitting
- Rotates 360 degrees for a professional-grade workout
- Builds stamina, balance, and quickness
- Great for fitness training and cross-training in addition to boxing and MMA

