

## Heavy Duty Wall Mounted Power Station - Knee Raise - Pull Up - Chin Up - Dips Bar

RRP: \$319.95

If you're serious about getting in shape, you need to add this heavy-duty chin-up and dips bar by Randy & Travis Machinery to your home gym. No worries if you're short on room. It mounts right on the wall, saving floor space for other gym equipment. What sets this apparatus apart from the rest is its versatile design. Simply adjust the hook height to change it from a chin-up to a bar for dips. But those aren't all the exercises this power station makes possible. Use it for knee raises, stretches, and other exercises to build both strength and flexibility. With its adjustable leg holder, it accommodates a broad range of users.

Crafted from heavy-duty steel tubing, it can hold up under even extensive use. Foam grips and padding add comfort as you go through your workout routine. Give yourself the advantage of a whole-body workout in a single piece of equipment – your power station. Get yours today.

## Features and specifications:

- Material: Steel tubing and foam (padding and grips)
- Colour: Black
- Dimensions 92 x 73 x 48cm (W x H x D)
- Maximum weight capacity: 250kg
- Weight: 10kg
- Accessories: 8 grips, bolts for mounting
- Heavy-duty construction
- Wall-mounted design saves space
- Simply change the hook height to switch from chin-ups to dips
- Ergonomic foam grips for maximum comfort
- Perfect for building upper-body and core strength
- Adjustable leg holder for knee raises



















