

## Balance Board Trainer with Stopper Wobble Roller

RRP: \$304.95

If you need to work on your balance, stability, and coordination to cross-train for your favourite sport or simply to get in better shape, you need this balance board trainer by Randy & Travis Machinery. Built to last, this rolling balance board can hold up to 400 pounds, yet features a cushioned surface you can even use in your bare feet. Though it's light in weight, it will hold up even under the most rigorous workouts. Unlike standard grip tape, this balance board won't scratch your floors – so you can use it inside or out.

It's the perfect off-ice trainer for hockey or figure skating, and it will help build the coordination you need to up your game in gymnastics, soccer, football, rugby, skiing, skateboarding, surfing, martial arts, tennis, wakeboarding, snowboarding, and more. Seniors can use it to maintain their balance during the ageing process. Children can use it to build their balance as they grow, making them stronger and more confident. If you practice yoga, this balance board is a great way to cross-train for balance. Not only that, but it's a great – and fun – way to burn calories, build stamina, and get in better shape for better health. It strengthens your core, legs, hips, and butt, getting you ready for hitting the beaches this spring. If you're new to balance board training – no worries! Don't settle for boring workouts. Order your balance board trainer today!

### Features and specifications:

- Material: Composite and Sure-Grip
- Colour: Black
- Weight capacity: 400 lbs/ 180kg
- Construction: 2-piece roller with Dura-Soft grip for traction
- Ideal solution for cross-training for core and lower-body strength, balance, and coordination in a variety of sports
- Perfect for dancers as well
- Use with or without shoes
- Heavy-duty material
- Suitable for children and adults

