

Power Tower Pull Up Weight Bench Dip Multi Station Chin Up Home Gym Equipment

RRP: \$739.95

Want to skip the trip to the gym without the pricey mirrors and bikes that don't reach every muscle group? With this multi-station weight bench by Randy & Travis Machinery, you can have a total workout without the crazy gym fees, extra time spent, or body-shaming you endure with a typical gym.

Make every muscle in your body perform at its best with a wide range of exercises, including pull-ups and push-ups, dips, bench presses, dumbbell rows, crunches, leg raises, and many more – your imagination is your only limit. Exercise in total comfort with its adjustable height, thick cushioning, and soft, padded handles.

Never worry about germs from shared equipment at the gym. Its easy-clean, water-resistant surface means you'll only have to give it a quick wipe to have it ready for your next family member!

Features and specifications:

- Assembled Dimensions: 220 x 75 x 230cm (L x W x H)
- Material: Heavy-duty, powder-coated tubular steel, vinyl and high-density foam seat pad, and non-slip rubber feet
- Maximum user weight: 150kg
- Height-adjustable pull-up bar to accommodate a wide range of users
- Heavy-duty frame
- Soft, padded handles for comfort
- Wide, non-slip rubber feet for stability
- Thick cushioning for comfort
- Sweatproof
- Multiple stations, including chin-ups
- Workouts can include a wide range of exercises that work out your entire body, including bench press, dumbbell rows, leg raises, pull-ups, crunches, push-ups, dips, and many more
- Provides a complete upper-body and core workout, with many exercises for the legs and lower body as well.
- Assembly required

