

Slant Board Adjustable Stretching Ankle Calf Incline Stretch Slip Resistant

RRP: \$149.95

When you do calf stretches, you need a slant board that can hold your weight easily without worrying about breakage. With this tough iron incline board by Randy & Travis Machinery, you needn't worry about injury from breakage. With a non-slip surface, you have plenty of room for both feet, allowing you to assess the tightness in both calves at the same time.

No matter if you're stretching for the first time or if you're an experienced athlete, you can adjust the board to your needs. Adjustable to four angles: 37, 32, 27, and 18 degrees, you can start out with only a slight angle and increase it as you build strength and flexibility.

This slant board is a must-have if you're recovering from shin splints, tendonitis, Achilles tendon injury, or another lower-leg injury. For serious athletes in sports that require balance and flexibility, it's a perfect addition to other training equipment. Take it along to the office to use as a footrest. It's a great way to get rid of tension from sitting. When you get a break, take it out and get in a few stretches to ease workplace stress. Easily foldable, compact, and light in weight, this slant board takes up little room so you can take it anywhere you go. If you're a serious athlete or just a weekend warrior, you need this slant board. Get yours today.

Features and specifications:

- Dimensions: 39.2 x 7 x 34.2 cm (L x H x W)
- Weight: About 3.6 kg
- Material: iron and polyester fibre anti-skid pad
- Colour: Black Frame
- Four angle settings: 37 / 32 / 27 / 18 degrees
- Lightweight and durable
- Foldable, compact design
- High weight capacity
- Perfect for beginners through professional athletes
- Accommodates two feet at a time

