

35KG Dumbbell Adjustable Weight Set

RRP: \$244.95

When you're serious about building strength, this 35-kilogramme dumbbell set from Randy & Travis Machinery is the right set of tools to do just that. Build your upper body—biceps, triceps, and shoulders—with lifts or hold them as you do squats and lunges to firm up your legs and butt. Hone your six-pack with a dumbbell-enhanced bear crawl or an overhead press.

This is the perfect training aid to help you lose weight, rid yourself of fat, or cross-train for your next competition. No matter what your training goals, these dumbbells are the perfect choice. Built for commercial use by professional gyms and athletes, these dumbbells are easy enough for beginners to use but dynamite strength-builders in the hands of serious athletes.

With adjustable 2.5-kilogramme weight plates, you can gradually increase your load all the way up to 35 kilogrammes as you build up your strength gradually. A non-slip handle keeps you from losing your grip, no matter how sweaty you get.

Out of shape or need to get into peak shape for an upcoming competition? Build back your strength gradually with this quality dumbbell set. Training for a competition? Build power and explosiveness through strength training with this versatile dumbbell set. Buy your set today!

Features and specifications:

- Material: High-quality steel bars and nuts, plastic-coated cast cement weight plates
- Weight (each plate): 2.5 kg
- Weight (dumbbell bar and stoppers) 5 kg
- Weight (total) 35 kg.
- Dimensions: 45 x 22 cm
- Set includes bar, nuts, and 12 weight plates
- Commercial-grade quality provides years of use
- Adjustable weight plates
- Non-slip handle for safe, comfortable training

