

Massage Acupressure Yoga Mat With Pillow Sit Mats Cut Pain Stress Soreness

RRP: \$89.95

If stress is a major factor in your life, the Massage Acupressure Yoga Mat and matching pillow set from Randy & Travis Machinery is your new nirvana. Studded with soft acupressure 'fingers', this mat reduces muscle tension in your upper body while stimulating circulation—and even your metabolism. Tension, stiffness, back and neck pain disappear as the mat and pillow deepen your sense of relaxation. Insomnia and fatigue melt away as you relax within its embrace.

Use it for exercise, nap breaks, or even as you sleep for a natural source of stress relief.

Features and specifications:

- Quantity: 1 set (1 mat and 1 pillow)
- Material: Eco foam, cotton, and ABS plastic
- Dimensions (mat): 67 x 42 cm (l x w)
- Dimensions (pillow): 39 x 15 x 10 cm (l x w x h)
- Thickness: 2.5 cm (approximate)
- Colour: Black

