

3 IN 1 Black Wood Plyo Games Plyometric Jump Box

RRP: \$449.95

Gain more height and explosiveness using Randy & Travis Machinery's versatile three-in-one plyometric box to train your vertical leap. Turn the box three ways to start small and work your way up to a full 30 inches. Set it up with the large base at the bottom, and you'll have a 20-inch platform. Set it up with the medium base, and it's a 24-inch platform. Use the smallest base, and you'll have a full 30-inch-high platform to train on.

Made from sturdy plywood, this fitness training aid has internal braces to maximise its strength and durability.

Get more out of your workouts with this flexible-sized plyo box. Don't let the competition get one first. Buy yours today.

Specifications:

- Colour: Black
- Material: Plywood
- Internal construction: Braced

*Note: Some assembly required. The box comes packed flat to reduce shipping costs, with screws and pre-drilled holes for easy assembly. We recommend you use a cordless drill or a powered screwdriver to assemble the box. The panels will interlock at the joints.

