

## Chin Dip Parallel Bar Push Up Dipping Equipment

RRP: \$219.95

Lift your workout to new heights with this amazing Chin Up and Dip Bar!

A must have for any gym or home-based workout, this fitness rack is designed with comfort and safety in mind without sacrificing portability or flexibility. A lightweight frame equipped with large, padded grips that provide a no-slip comfort zone - this allows you to complete a wide range of workout without worrying about any potential injuries.

The rack includes two 8lb dipping bars and has a weight capacity of up to 150kg - proof that its light frame sacrifices no strength whatsoever. Easy to store and set up, this is perfect for any home based gym or for athletes on the go. A great enhancement for just about any workout, this ingenious design lets you focus on several muscle groups while using your own body weight as resistance, working your core and upper body the most.

Strength and upper body endurance training has never been as easy as when you order yours today!

### Features:

- Large grips for safety and comfort
- Strong and durable construction
- Mobile

### Specifications:

- Height: 80~90cm
- Base bars: 37cm
- Gripped bar length: 60cm
- Weight capacity: 150kg

