

5kg Adjustable Ankle/Wrist Weight Straps

RRP: \$54.95

Take your workout to a whole new level with our weight set that focuses on the ankle and wrist muscle groups!!

Making our ankle/wrist weight set part of your regular exercise routine will build strength and enhance tone. These weights quickly and easily strap onto your ankles or wrists and impact every move you make. Strap them on during your aerobic and weight training routines. You'll hardly know they're there but you'll see great results. Intensify your boxing, martial arts and kickboxing training by slipping on these weights.

Filled with soft castle iron sand, our strap-on weights are constructed from durable oxford cloth that ensure durability and comfort. The well-balanced padded straps are fully adjustable for a custom fit.

Whether running errands or doing chores around the house, wearing our ankle/wrist weights will make everything you do a step toward a better physique!

Features:

- Adjust for comfort and fit
- Ideal for both weight and aerobic training
- Intensifies all workouts
- Enhanced results

Specifications:

- Comes in blue
- Weight: 5kg per pair
- Dimensions: 42 x 16 cm (L x W)
- Package dimensions: 43 x 19 x 8.5cm (L x W x H)
- Package weight: approximately 5.5kg

Attributes:

- Size: 5kg

