

Digital Timer Interval Fitness Clock

RRP: \$569.95

Let our fantastic digital timer and interval clock free you to focus on your workout. We'll worry about the timing!

Our premium digital timer is perfect for every workout and training program – whether extreme workouts like MMA or your customized (W.O.D.) workout of the day. At the gym, at the club or running laps on the oval track, this interval clock will time your performance. You can set off a countdown and even a count up.

The four digit cross fit timer displays intervals of 12 and 24 hours. You can access your digital time with a remote control that is included in your package. The large numbers are easy to see and read even as you are jogging along or are in the midst of your workout.

With the sound of the loud beep, you can breathe a sigh of relief to know your workout is over and you met the challenge you set for yourself. The timer is programmable for up to five groups. Workout sessions can be set from five seconds for beginners and up to 99 minutes for seasoned athletes. There are ten different time settings that are programmable. You can customize your training routine. For example, you can program 50 minute training sessions with hard breaks for 20 minute rest periods. The timer at 49 x 16 x 5 is easy to carry with you and store.

Order some of our cutting edge timers for the whole family! You do your workout... let us do the timing for you!

Features:

- Four digit readout
- Programmable
- Remote control included
- Suitable for Australian power sockets

Specifications:

- 49 x 16 x 5

