

Foldable Incline Sit Up Bench

RRP: \$289.95

Great foldable incline sit-up bench is a multi-functional fitness enhancer for the home gym!

The incline workout bench not only accommodates your sit-up routine it provides the perfect spot for your ab and dumbbell workouts. You'll love the results from this fantastic all-in-one home gym. Enjoy the benefits of increased fitness and a marked weight loss when you make this incredible workout bench part of your fitness routine.

The incline sit-up bench is curved to ensure an intense core and upper body workout. The two 1.5kg dumbbells and pair of rubber cord resistance expanders will bring new strength and tone to your muscles. This must-have sit-up bench adjusts for height to enable maximum intensity and features adjustable knee, leg and foot foam roller bars to accommodate all body sizes.

Storage is not a concern with the sit-up bench. It can be easily folded and stored away behind furniture or the door or even under your bed. This sit-up workout bench is strong and reliable. It features high-grade steel construction and will serve you for years. The bench seat and leg support bars are padded with thick foam for comfort and safe use. The five steps for easy assembly outlined in your use and maintenance manual will have you ready for sit-ups in less than 30 minutes.

If you want a full-body workout, muscle toning and weight loss... or any of the above... order the incline sit-up bench today. It is the multifunctional home gym of your dreams!

Specifications:

- High-grade steel construction ensures reliability and durability
- Multifunctional 3-in-1 home gym
- 1.5kg dumbbells and rubber cord expanders included
- Adjustable height and foam rollers
- Curved ergonomic padded bench for comfort
- Maximum capacity up to 110Kg
- Use and maintenance manual included

