Randy & Travis Multi Purpose Gym Exercise Attachment

RRP: $109.95

The Randy & Travis Multipurpose Exercise Attachment will help you enjoy an intense workout and get the results you expect!
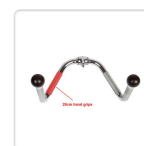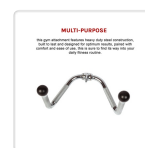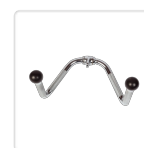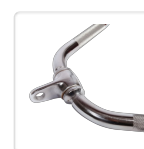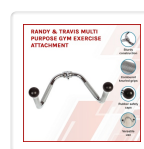
The Randy & Travis Multipurpose Exercise is solidly constructed and designed for optimum results. This handy versatile device is ideal for everyday use at the gym and fits perfectly on any cable exercise equipment. This multipurpose attachment features heavy duty steel structure and is built to last. The Randy & Travis multipurpose attachment can stand up to the rigors of any workout from beginner to advanced user. Randy & Travis Machinery produces high quality exercise equipment. Like our other sporting items, the multipurpose exercise attachment comes with a Lifetime Structural Warranty. You can rely on this outstanding piece of equipment for years to come. It is unmatched in its field.

The Randy & Travis Multipurpose Exercise Attachment will allow you to focus on the muscle group you want. This sturdy device will challenge you and provide maximum effectiveness in your workout routine. This outstanding piece of equipment will allow you to have the most effective and widest range of cable exercises possible. This versatile attachment can be used at the home or at the gym.

Take your training to new heights. You"ll appreciate the convenience and love the results!

Features:

· Manufactured by Randy & Travis Machinery

· Structural integrity

· Reinforced steel construction

· Contoured knurled grips

· Multi-grip design

· Rubber safety caps

· 20cm hand grips

· 65cm between hand grips

· Life-time structural warranty

Exercises:

Listed below are just some of the exercises that you can enjoy using the
Randy & Travis multipurpose attachment.

· Wide-grip and close-grip lat pull-downs

· Straight-arm pull-downs

· Hammer curls

· Standing and overhead cable curls

· Incline tricep extension

· Bent-over rows

· Close-grip low rows

· Tricep pushdowns

· Wide-grip pushdowns