

## Heavy Duty Gym Sled with Harness

RRP: \$389.95

This Heavy Duty Sled can help build strength and increase your speed during workout training sessions. This crossfit, fitness strength push sled can build strength and help you meet your fitness goals faster and more efficiently. If you want to focus on toning and building leg muscles, you need go no further than our power sled. Always important is building endurance and this exercise sled is exactly what you need to increase cardio strength.

The Heavy Duty Sled is portable and easily transportable and can be taken anywhere enabling you to work out where and when you want. Its full metal construction provides the strength you need. A tight-fitting adjustable harness is included for your safety. The sled is specifically designed for Olympic weight plates of 50mm in diameter.

### Specifications:

- Leg building and toning
- Build cardio
- Take it anywhere
- Full metal construction
- Tight Fitting adjustable harness included
- Designed for Olympic weight plates 50mm Diameter

Note: Weights are NOT included

