

## Weighted Vest - 20LBS

RRP: \$149.95

The 20Lbs Weighted Exercise Vest is a smart and effective addition to most any physical activity or exercise routine, or even everyday activities.

By wearing a weighted vest as part of your physical activity, you make your body work harder and you activate more of your muscles than you otherwise would. Thus, you burn more calories and you have an even quicker way to get toned and get the results you're looking for.

This vest is one size fits all, and it has evenly-distributed pockets to accommodate each of the weight packs.

The vest itself is made from a tough nylon fabric that's light and which doesn't restrict movement. It's also easy to clean and maintain. A padded lining makes this vest comfortable to wear for even long periods, and adjustable Velcro straps give you a perfect contoured fit. Other smart features include reflective material for increased visibility at night, and anchor points on the shoulders to attach other training equipment.

Take what you're already doing to the next level and get an even better workout. Order your 20Lbs Weighted Exercise Vest today.

### Features of the 20Lbs Weighted Exercise Vest:

- Enhance most any sort of physical activity
- Evenly-distributed pockets
- Tough nylon fabric that won't restrict your movement
- Padded inner lining for your comfort
- Adjustable Velcro straps for a custom fit
- Reflective material for enhanced night visibility
- Shoulder anchor points for additional training gear (not included)

NB: The item includes the weights

### Attributes:

- Size: 20LBS

