

## **Rowing Machine**

## RRP: \$509.95

The classic Rowing Machine has been an essential part of the gym for a very long time - and generations of athletes can testify to this fitness gear's effectiveness.

This compact machine gives you a full range of rowing motion. There's nothing quite like it for an intense yet low-impact workout, and the hydraulics-based resistance force is fully and easily adjustable so you get the perfect workout for you. The row motion is smooth and comfortable, and pivoting foot plates along with adjustable foot straps keep you in the correct position.

Also extremely useful is the electronic display which shows you time, distance, number of rows, and calories burned. The display is battery powered, and two AA batteries are included.

Order the Rowing Machine today, and benefit from our speedy order processing and everyday low price. You can't lose!

Features of the Rowing Machine:

- \*Unique and classic full row motion
- \*Smooth and comfortable seat movement
- \*Hydraulic cylinders for variable resistance
- \*Tension controls are easy to adjust
- \*Pivoting foot plates for comfort
- \*Fully-adjustable foot straps
- \*Weight limit of 100 kg (220 pounds)
- \*Electronic display for time, distance, count, and calories burned
- \*2 AA batteries included













