

Adjustable Bench Press

RRP: \$314.95

Folding Workout Bench

Here's a home fitness product that is guaranteed to raise your game when it comes to getting a terrific workout: the Folding Workout Bench.

The workout bench can operate flat or with either side inclined or declined for a total of 6 positions, delivering maximum versatility for your home workout. From military presses and bench presses to bent over rows, this bench can do it all. When you're done, just fold the bench up, use the rear wheels to easily slide it around, and store it in the closet or under the bed. And of course, the workout bench features a rugged construction and top-quality materials.

Purchase the Folding Workout Bench today. You'll be one step closer to the ultimate home workout experience you deserve.

Features of the Folding Workout Bench:

- *Flat, incline and decline for a total of 6 versatile positions
- *Rear wheels for easy transportation
- *Folds flat for compact storage
- *Dimensions while fully extended: 111 x 42 x 112 cm (L x W x H)
- *Dimensions while folded flat: 112 x 42 x 20 cm (L x W x H)
- *Weight: 9.5 kg

